

Spiritual Direction

Spiritual Direction provides an opportunity for you to deepen your relationship with God and to grow in your ability to discern the many and varied ways in which God is present in our lives. Qualified spiritual directors are on staff at the Center and would be happy to explore the process and the possibilities with you.

Centering Prayer

Monthly Meeting Days

Sr. Margaret Gradl, Director

2011

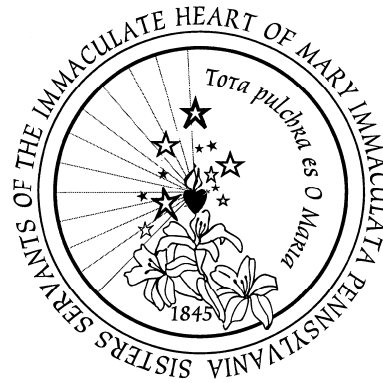
September 10 October 8
November 19 December 10

2012

January 7 February 4
March 10 April 21
May 12 June 9

Each day begins at 10:00 a.m. and ends around 2:00 p.m.

A brown bag lunch is suggested.



Information and Registration

www.ihmimmaculata.org/facilities/s_center.html

or

Contact Sister Barbara Cook
610-647-4136

www.ihmspcenter@hotmail.com

IHM Spirituality Center
Villa Maria House of Studies
1140 King Road
Immaculata, Pennsylvania 19345

IHM Spirituality Center

2011–2012



IHM Spirituality Center



"Come away by yourselves to a quiet place and rest awhile..."
(Mk 6:31)

The IHM Spirituality Center is a retreat and renewal center which seeks to be a haven for growth in apostolic love.

We are committed to the saving message of Jesus Christ by which a world in need of healing may be led to a greater knowledge of the truth of God and of oneself; and of the spiritual energy of the empowering and transforming Spirit of Jesus alive within His people.

The Center welcomes both individuals and groups seeking deeper union with the God who saves and sets us free.

Retreat Offerings

September 21 – 28, 2011:

6-Day Directed Retreat

Retreat Director:

Sister Sarah Lamb, IHM

December 6th and 15th, 2011:

Advent Sabbath Days

Sister Patricia Dailey, IHM
and Center Staff

January 27-29, 2012:

Charismatic Retreat Weekend

Retreat Director:

Rev. Patrick McCormick

March 30 - April 1, 2012:

Lenten Journey

Through the Eyes of Artists

Retreat Director:

Sr. Helen David, IHM



Spiritual Exercises in Everyday Life

(19th Annotation Retreat)

The 19th Annotation Retreat is offered to busy people in the midst of their busy lives.

People of varied backgrounds and Christian traditions have benefited from this type of retreat. Such an experience can strengthen the habit of regular prayer, teach a greater facility in discernment, increase one's sense of the presence of God and help to integrate work and prayer.

Retreatants commit to a certain amount of prayer daily and meet for an hour each week with a director for a minimum of 24 weeks to make the *Spiritual Exercises*. An application process is required for anyone desiring to make this retreat. For more information, please contact Sister Sarah Lamb at 610-647-4136.